

Classes	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY									
<i>West African Dance</i>	9-5 p.m.	9-5 p.m.	9-5 p.m.	9-5 p.m.	9-5 p.m.	9-10 a.m. Studio II	10-11 a.m.									
<i>Salsa Dance</i>	5:30-6:30 p.m. Studio I Zumba Dance w/Linda	5:30-6:30 p.m. Studio II Salsa Dance Beginner w/Eric	5-6 p.m. Studio I	5:30-6:30 p.m. Studio II NIA w/Elaine	5:30-6:30 p.m. Studio I African Drum Djembe & DunDun Basic/Beginner w/Biboti	10-11 a.m. Studio II	11-12 p.m. Studio I									
<i>Cardio-Salsa Dance</i>						11-12:00 p.m. Studio II African Arts & Culture Kid's Program w/Biboti Ages 3-12										
<i>Kazoon Dance (afro-modern)</i>						6:30-7:30 p.m. Studio I Kazoon Dance w/Jill	6:00-7:30 p.m. Studio I African Dance Beginner w/Biboti	6:30-7:30 p.m. Studio I Cardio Salsa w/Roberto	6:30-7:30 p.m. Studio I Salsa Dance Beginner w/Eric	1:00-2:30 p.m. Studio I Adult African Dance Intermediate w/Biboti	12:00-1:30 p.m. Studio I African Dance Basic/Beginner w/Biboti					
<i>Belly Dance</i>												6:30-7:30 p.m. Studio I African Drum Djembe & DunDun Beginner w/Biboti	7:30-8:30 p.m. Studio I Women's Drum Class w/Jill	7:30-8:30 p.m. Studio I Samba Dance w/Yomee	7:30-8:30 p.m. Studio I Flamenco w/Marisa	2:30-3:30 p.m. Studio I Belly dance Pamela
<i>Zumba (latin-style fitness)</i>																
<i>Samba Dance</i>	8:30-9:30 p.m. Studio I	8:30-9:30 p.m. Studio I	8:30-9:30 p.m. Studio I	8:30-9:30 p.m. Studio II	5-6 p.m. Studio I											
<i>Ballroom Basics</i>					6-7 p.m. Studio I											
<i>Flamenco</i>					7-8 p.m. Studio I											
<i>NIA Dance</i>					8-9 p.m. Studio I											
<i>African Drum</i>																
<i>Women's Drum</i>																
* The class schedule is still being filled in until all slots are taken (rev. 5/27/10).																
Visit www.wacheva.com for the most-recent version.																

Wacheva Cultural Arts is a non-profit, community-based arts and culture organization that is dedicated to the creative and educational development of youth and families by implementing Arts from around the world, and in particular, African culture.

Artistic director and founder, Biboti Ouikahilo, created the vision for Wacheva in July 1994 in the Ivory Coast, West Africa. In 1997, Biboti moved to the U.S. and spent six years sharing his art and culture in New York City. In 2003, Biboti ventured to Syracuse, NY, where he met Jill Finocchio Ouikahilo, a native of Syracuse, and recreated Wacheva to spread its mission throughout the Central New York schools and communities.

We provide:

- Dance and drum workshops
- Performances
- Lecture/demonstrations
- Daily adult dance & drum classes
- Saturday African Arts & Culture kid's program

OUR PACKAGE

- Single Class Adults = \$10
- Single Class Students = \$7
- 10-Class Adult Card = \$85
- 10-Class Student Card = \$65

***Class cards have a 10-week expiration**

- Cash and checks accepted
- \$30 returned check fee
- *Space rental available

OV houses the long-term dance residencies of Syracuse University.

OV was made possible with foundational support from The Central New York Community Foundation, The Gifford Foundation, Syracuse University, HSA-TAP and grassroot support from people like you.

DESCRIPTION OF CLASSES (Rev. 5/27/10)

African dance: *A form of exercise, social gathering, therapy and a cultural experience. By relating the dance to exercise, it welcomes anyone who is inspired to move their body to the beat of live drums.*

Salsa: *Salsa, Rumba, Merengue and Bachata. No partner necessary. Come and enjoy the exciting Latin Flavors! No Heels allowed on dance floor.*

Zumba: *Combines Latin and international music in dance routines, using forms such as: salsa, merengue, reggaeton, belly dancing, hip hop, and integrating aerobic and fitness interval training.*

Kazoon: *Blends West African and modern movements for a spirited expression. Designed to activate the mind, body and spirit from the inside out, and to improve balance and flexibility, leaving you feeling refreshed and reconnected.*

Cardio Salsa: *Weaves salsa and traditional Cuban movement into a dynamic and exciting class full of exotic musical flavors. Features aerobic interval training with fast and slow rhythms.*

NIA: *Nia is a path to condition, heal and express your self through movement and sensation. A dynamic blend of dance arts, martial arts and healing arts.*

Samba: *A lively, joyful and rhythmical dance of Brazilian origin, which also includes different styles of Latin Dance.*

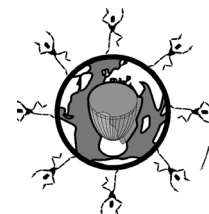
Ballroom Basics: *A combination of different ballroom dances each week including Rumba, Waltz, Cha-Cha, Tango and Foxtrot that reshape your body. No partner necessary!*

Flamenco: *A highly-expressive Spanish dance form characterized by hand clapping, percussive footwork, and intricate hand, arm and body movements.*

Belly dance: *From Middle Eastern cultures, blends movements that involve isolating different parts of the body (hips, shoulders, stomach etc).*

African Drum: *Traditional African rhythms and melodies on the djembe drum.*

Women's Drum: *A sacred space dedicated to learning djembe hand techniques, basic drum patterns, melodies and songs, and building sisterhood.*



Wacheva Cultural Arts

Multicultural dance & drum organization

opens

One Village Dance Centre
*"The place for dance & drum
in Central New York."*

117 Harvard Place
Syracuse, NY 13210
(Behind Boom Babies on Westcott St.)

Phone: 315-396-0748
Fax: 315-396-0736

wacheva@twcnny.rr.com
www.wacheva.com

One Village Dance Centre

A place for the study, creation and performance of dance & drum in Central New York.

The centre is the home of Wacheva Cultural Arts and Parents Promoting Dance.



One Village
DANCE CENTRE